



Families First of Pella presents...

# Love and Logic<sup>®</sup> Parenting Classes



Thank you, sponsors!



## Parenting the Love and Logic Way (focuses on all ages)

### 1-Evening Class

- Thursdays, 5:30-7:30pm
- Sept. 24, Oct. 1, 8, 15, 22, 29
- Trinity Reformed Church
- Adults only
- Due to restrictions of COVID-19, we regret that we are unable to provide childcare this semester.
- Supper provided at no cost!
- Contact Allison (familiesfirst94@gmail.com or 641-780-5741) or go to [www.familiesfirstofpella.org](http://www.familiesfirstofpella.org) to register. **Registration required.**

### 2-Online Class **NEW**

- Thursdays, 8:30-9:30pm
- Sept. 24, Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, Dec. 3
- Put the kids to bed, get cozy in front of your computer, and learn some new parenting tips!
- Join in when it works for you!
- Contact Allison at familiesfirst94@gmail.com or 641-780-5741 to register and receive the online invitation. **Registration required.**

Are you stuck in a parenting rut? Are your go-to methods yelling, threatening, and bribing?

Check out a Love and Logic class and learn how to use empathy and natural consequences to guide your children to be responsible for their choices and behavior.

Due to COVID-19, classes will look a little different...no childcare and size limits. But, we're committed to offering these life-changing techniques as safely as possible!

## Love and Logic: Early Childhood Parenting Made Fun! (focuses on ages birth-6)

### 3-Meet and Eat Class

- Tuesdays, 12:00-1:00 pm
- Sept. 15, 22, 29, Oct. 6, 13, 20, 27, Nov. 10, 17, 24, Dec. 1, 8.
- Pella Pizza Ranch: adults only, lunch at no cost!
- Due to restrictions of COVID-19, we regret that we are unable to provide childcare this semester.
- In order to practice social distancing, there will be a class limit of 10 individuals or couples. **Registration is required.**
- Contact Allison (familiesfirst94@gmail.com or 641-780-5741) or go to [www.familiesfirstofpella.org](http://www.familiesfirstofpella.org) to register.