



Families First of Pella presents...

Love and Logic[®] Parenting Classes



Thank you, sponsors!



2 Online Class Options:

Put the kids to bed, get cozy in front of your device, and learn some new parenting techniques!

*Zoom Invitation will be sent

*Workbook will be provided

1-Online Class - THURSDAYS

-8:30-9:30 pm

-January 21, 28, February 4, 11, 18, 25, March 4

-Love and Logic: Early Childhood Parenting Made Easy! curriculum

-focuses on ages birth-6 years old

-Contact Allison (familiesfirst94@gmail.com or 641-780-5741) or go to www.familiesfirstofpella.org to register. **Registration required.**

2-Online Class - SUNDAYS

-8:30-9:30pm

-January 17, 24, 31, February 7, 14, 21, 28, March 7

-Parenting the Love and Logic Way

-Focuses on children of all ages

-Contact Allison at familiesfirst94@gmail.com or 641-780-5741 to register and receive the online invitation. **Registration required.**

Are you stuck in a parenting rut? Are your go-to methods yelling, threatening, and bribing?

Check out a Love and Logic class and learn how to use empathy and natural consequences to guide your children to be responsible for their choices and behavior.

Topics include...neutralizing arguing and whining, getting your kids to listen the first time, how to implement chores, gaining control by sharing control, and more.

Love and Logic: Parenting the Love and Logic Way (focuses on children of all ages)

3-Meet and Eat Class

-Tuesdays, 12:00-1:00 pm

-Jan. 19, 26, Feb. 2, 9, 16, 23, Mar. 2, 9, 16, 23, 30, Apr. 6, 13

-Pella Pizza Ranch: adults only, lunch at no cost thanks to our donors!

-Due to restrictions of COVID-19, we regret that we are unable to provide childcare this semester.

-In order to practice social distancing, there will be a class limit of 10 people. **Registration is required.**

-Contact Allison (familiesfirst94@gmail.com or 641-780-5741) or go to www.familiesfirstofpella.org to register.